

Class - III (Three)

Subject - EVS

Chapter - 06. (Foods We Eat)

Answer these following questions:-

Q.1. You must have noticed that in the picture there is one child in whose house no ~~fast~~ food was cooked. What could be the reason?

Ans:→ There could be one or multiple reasons for it. These can be:-

i) The family of the child is poor and they could not afford to buy food items from the market.

ii) The fuel used for cooking could have been exhausted.

Q.2. How do you know that you are hungry?

Ans:→ When I am hungry, I crave for food and feel a slight pain in my stomach.

Q.3. How do you feel when you are hungry?

Ans:→ When I am hungry, I feel like eating something.

Q.4. Why was Dadi not able to climb the stairs quickly?

Ans:→ Dadi was not able to climb the stairs quickly because she was old and weak.

Q.5. How does Dadi ~~not~~ like to have her dal?

Ans:→ Dadi is old and her teeth has become weak, so, she eats food that is easy to chew and bite.

Q.6. How many persons in the story can eat bhutta easily and why?

Ans:→ Three persons in the story can eat bhutta easily. They are Vipul, his mother and his mami. They can eat bhutta easily as they have strong teeth.

Q.7. Can all old people eat bhutta? Why?

Ans:- No, all old people cannot eat bhutta. This is because in most cases the teeth become weak in old age.

Q.8. ~~for~~ four months Chhutki will have only her mother's milk. That is her only food. Why?

Ans:-> Chhutki is a four months old baby and has no teeth. Her digestive system is not strong enough to digest other food products such as cow's milk. Mother's milk is the only food for Chhutki as it is the best source of nutrition for all the babies.